



WINTER 2011
TRAINING CALENDAR

Register Today!

352-358 CLASSON AVENUE, BROOKLYN, NY 11238
WWW.CDSCNYC.ORG | 718-398-6738

ABOUT US



CDSC is a private, not-for-profit, community-based organization established in 1975 to provide a range of social services to families in Central Brooklyn, New York. CDSC's motto, **"Building Communities by Strengthening Families"**, is a constant reminder of our mission: "to provide programs that empower families by helping them to acquire the knowledge and skills necessary for successful living in today's society."

CDSC began as a self-help group headed by parents to provide child care for families in the Fort Greene and Bedford-Stuyvesant sections of Brooklyn, New York. From our modest beginnings of providing the single service of on-site child care, we have evolved into a multi-service organization that provides a wide range of services to children, youth, and families. We are motivated by the belief that vibrant, healthy communities start with strong, secure families.

Our unique ability to recognize and adapt to changing community circumstances and needs enables us to continually provide proactive, responsive, relevant, and quality programs and services to our clients. As a result, our work has a tremendous impact in a wide range of communities.

Directions to Agency

By Subway: Take the G line to Classon Ave., walk South on Classon between Clifton Place and Lafayette Ave.

By Bus: Take the B38 to Classon Ave./Lafayette Ave. and walk south on Classon Ave.; B52 to Gates Ave./ or Greene Ave./Classon Ave. Walk north on Classon Ave.

Call transit for B48 service availability.

By Car: Take the BQE to Kent and Wythe Ave. exit. Wythe Ave becomes Franklin Ave. Turn slight right to stay on Franklin Ave. Turn right onto Clifton Place. Turn right onto Classon Ave.

We currently provide numerous social programs and services to the community, including: Head Start, Child Care Resource & Referral, an Emergency Food Pantry and training services.

We are committed to maintaining a professional development training system that provides technical support and education in a wide range of child care topics that address the needs of child care professionals, families and parents. Our goal is to create high quality training opportunities that impact the quality of care and education delivered to infants, toddlers, preschoolers and school-age children. Through collaborative work in our community, in addition to state and national networks and affiliations, our staff builds resources and connections to strengthen the lives of our children and families.

We offer affordable training sessions scheduled to accommodate the needs of the adult learner. Our schedule includes evening and weekend classes, and classes for Spanish speakers. CDSC is easily accessible by public transportation. Our staff represents a team of skilled and qualified trainers from culturally diverse experiences.

Hours of Operations

General Office

9:00 am - 5:00 pm
Monday through Friday

CCR&R Department

8:00 am - 6:00 pm
Monday through Friday

for Training Only

Saturday 9:00 am - 4:00 pm

FREE WORKSHOPS

Babysitter's Training Course Orientation

Thursday, January 20 @ 7:00 pm - 8:00 pm

This one-hour orientation gives an overview of the Babysitter's Training Course. It is designed for **11 to 15 year olds**, who are interested in caring for children and infants. A parent or guardian must attend the orientation with their child.

Early Intervention (RC: 6)

TBA

This class will provide an overview of the NYC Early Intervention Program. Some of the topics that will be covered include: Early signs of developmental delay, when and how to make a referral to the Early Intervention Program, and the referral process.

Poison Control (RC: 7)

Saturday, January 22 @ 10:00 am - 12:00 pm

Learn about the different types of poisons found in the home, and the proper way of storing and disposing of them. In addition, you will learn the new way of disposing expired medicines, as well as keeping them safely stored away from children.

Record Keeping & Taxes (RC: 1)

Thursday, January 20 @ 7:00 - 9 :00 pm

This class is offered to child care providers to help them understand basic record keeping and tax guidelines.

FDNY "CPR To Go" (RC: 5,7)

February 25 @ 1:00 pm - 1:45 pm

In less than an hour, participants will learn how to perform basic life saving skills in the event that a friend or loved one needs assistance until advanced emergency personnel arrives.

There are no age requirements, but it is expected that all participants will pledge to share their skills with five or more people.

CERTIFICATION IS NOT PROVIDED.

FREE CHILD DEVELOPMENT ASSOCIATE (CDA) ORIENTATION

February 12, 2011 @ 10:00 am

CDA is a National Credentialing Program that focuses on the skills of early care and education professionals. It is designed to provide performance-based training, assessment and credentialing for child care staff, home visitors and family child care providers.

Scholarship funding to participate in this program may be available through the New York State Educational Incentive Program (EIP).

To register call 718-398-2050 ext. 8888

CREATING A PERSONAL PLAN FOR MANAGING STRESS

Saturday, March 12 @ 10:00 am - 12:00 pm

What are the most important sources of stress in your life? Are you coping successfully with these stressors? The most important starting point for a successful stress-management plan is to learn to listen to your body. When you learn to recognize the stress response and the emotions and thoughts that accompany it, you'll be in a position to take charge of that crucial moment and handle it in a healthy way.

Although no single strategy or program for managing stress will work for everyone, this workshop offers tips to better manage stress.



REGULATION CODES

All child care providers registered or licensed through the NYS Office of Children and Family Services or by the NYC Department of Health and Mental Hygiene, must meet training requirements in the following mandated content areas to renew their registration or license:

RC 1: Business record maintenance and management;

RC 2: Child abuse and maltreatment identification and prevention;

RC 3: Child day care program development;

RC 4: Identification, diagnosis and prevention of shaken baby syndrome;

RC 5: Nutrition and health needs of infants and children;

RC 6: Principles of early childhood development;

RC 7: Safety and security procedures & Communication between parents and staff;

RC 8: Statutes and regulations pertaining to child abuse and maltreatment;

RC 9: Statutes and regulations pertaining to child day care;

Training in this calendar identify the 9 NYS mandated training categories. RC represents Regulation Codes.

ON-GOING CLASSES

CHILD ABUSE & SHAKEN BABY SYNDROME

This 2-hour class is a combination of 3 state mandated regulations topics: Child Abuse and Maltreatment Identification and Prevention, Statutes and Regulations Pertaining to Child Abuse and Maltreatment, and Shaken Baby Syndrome.

RC: 2, 4, 8

Dates: Saturday, February 26

Time: 7:00 pm - 9:00 pm

Cost: \$40.00 (Registration Fee: \$15.00) Balance Due: \$25.00

ESSENTIALS IN STARTING A CHILD CARE BUSINESS

This training gives participants a clear understanding of the process involved in becoming a licensed child care provider and an overview of the current NYS child care regulations. All prospective providers or any provider who has not provided child care for more than two (2) years are encouraged to take this training. **(Pre-requisite class before taking the Health and Safety Training)**

RC: 9

Dates: Saturday, January 22; February 26 & March 12

Time: 10:00 am - 1:00 pm

Cost: \$40.00 (Registration: \$15.00) Balance Due: \$25.00

INFANT & CHILD CPR

American Red Cross Certificate valid for two (2) years

This course gives individuals the knowledge and skills necessary to recognize, prevent, and provide basic care for breathing and cardiac emergencies in infants and children until advanced medical personnel arrive and take over.

RC: 5, 7

Dates: Saturday, January 15, Friday, January 21, and Friday, March 18

Time: 9:00 am - 3:00 pm

Cost: \$80 (Registration Fee: \$30) Balance Due: \$50

INFANT & CHILD FIRST AID

American Red Cross Certificate valid for three (3) years

This course gives individuals the knowledge and skills necessary to recognize and provide basic first aid care for injuries and sudden illnesses until advanced medical personnel arrive and take over. This course does not include information on breathing or cardiac emergencies.

RC: 5, 7

Dates: Saturday, February 19, Friday, January 21, and Friday, March 18

Time: 10:00 am - 2 :00 pm (Sat.) or 3:00 pm - 6:00 pm (Fri.)

Cost: \$70 (**Registration Fee:** \$30) **Balance Due:** \$40

NEW YORK STATE HEALTH & SAFETY COMPETENCY TRAINING

To ensure that new providers are prepared for the responsibility of caring for children, they must complete a 15-hour Health and Safety training approved by the Office of Children and Family Services (OCFS) in order to obtain a license or registration.

RC: 1, 2, 4, 5, 7, 8, 9

Dates: Monday-Wednesday, January 10-12; January 24-26; February 7-9; February 22-24; March 7-9; March 21-23

Time: 9:30 am - 4:30 pm

Cost: \$240 (**Registration Fee:** \$40) **Balance Due:** \$200

HEALTH AND SAFETY REBATE

Upon successful completion of the Health and Safety Training, eligible providers are issued a Health and Safety Training Rebate application to access up to \$235 of training cost. The rebate program is administered through the Office of Children and Family Services (OCFS).

NEW CPR & FIRST AID TRAINING REQUIREMENT FOR CHILD CARE PROVIDERS



On August 13, 2010 a law was passed that requires all child care providers to have at least one employee who holds a valid certificate in cardiopulmonary resuscitation (CPR) and first aid on the premise of the child care program during the program's operating hours. As written, this law may require that most programs have multiple persons trained in both courses so that the program stays in compliance when any one of those trained staff persons is absent. In addition, substitutes for family and group child care providers would also need to be trained in CPR and First Aid when supervising children in the absence of a provider and alternate provider. This law goes into effect on December 11, 2010.

NEW YORK STATE MEDICATION ADMINISTRATION TRAINING (MAT)

MAT is a competency-based course approved by the NYS OCFS to train child care providers to safely administer medication in their programs. The training includes written tests and a demonstration of competency.

RC: 1, 3, 5, 7

Dates: Thursday - Friday, January 6-7, February 3-4, and March 3- 4

Time: Day: 1 - 9:00 am - 5:00 pm and

Day: 2 - 9:00 am - 2:00 pm

Cost: \$190 (**Registration Fee:** \$50) **Balance Due:** \$140

SUPER SATURDAYS: Time: 9:00 am - 2:00 pm Cost: \$70 (Registration Fee: \$30) Balance Due: \$40

JANUARY 22:

Making It Happen: Individualized Care and Small Groups (RC: 6, 7, 9)

This session will focus on some recommended program policies (PITC-Program for Infant Toddler Care) that will help caregivers address children's individual differing needs. Providers will gain an understanding in: respecting each child's choices, preferences, and interests; supporting the child's ability to self-regulate; following the child's individual rhythms and styles; honoring each child's abilities, needs, temperament, and family's cultural preferences. We will look at strategies for creating intimate environments that support children's relationships and learning.

FEBRUARY 12:

Preparing for Tax Season (RC: 1, 9)

A child care provider with a home-based business is considered a small business owner. You are authorized, accountable and responsible. It is a fact that the IRS audits child care providers more than any other small businesses. Having an accountant is great! However, you must check what you expect, meaning it is your responsibility to be knowledgeable in the area of taxes and record keeping. We will review some basic information in understanding how to create a system that complies with the internal revenue's standards.

MARCH 5:

Social Emotional Milestones - Part I & II (RC: 6, 7)

This class examines how an understanding of three stages of infancy helps adults attune their nurturance of infants and toddlers. The developmental themes of security, exploration, and identity play a role during each stage. What are some of the factors that influence responsive care? We will discuss these elements and gain knowledge of the influence of childhood experiences on current care-giving attitudes and practices, the responsive process (Watch-Ask-Adapt), and reciprocity in interacting with infants (dance).

A National Epidemic of Obesity (RC: 3, 5, 7)

Seventy-one percent (71%) of Americans are considered overweight; two out of three preschoolers are overweight. This class will address contributing factors to this dilemma and look at how early care and learning environments can help reduce this problem. Incorporating a written nutrition and physical activity policy can be an intentional and tangible place to start. We will learn what is considered best practices in creating these policies and other healthy changes we can make in our child care programs.

Communicating Effectively-Developing Leadership Skills (RC: 3, 7)

Examine ways to handle conflict resolutions with parents and staff for a win-win outcome. What is your style and how can it be improved? The essence of quality child care is in the unique relationships that evolve. Learn ways to sell yourself as an effective communicator, a better listener and an insightful educator.

MARCH 19:

Environments for Group Care (RC: 3, 5, 7)

This session will focus on the intentional use of space, equipment, and materials to support children's development and learning in infant/toddler care programs.

More Than Just Routine (RC: 3, 6, 7, 5)

This highly interactive session covers every aspect of care-giving routines, from their basics to their importance as opportunities for children's learning and relationship building.



BABYSITTER'S TRAINING

If you're 11 to 15 years old, you can gain the knowledge, skills and confidence to care for infants and school-age children in this valuable, hands-on class.

The Babysitter's Training Course will also help you:

- Be a good leader and role model
- Make good decisions and solve problems
- Keep the children and yourself safe
- Write resumes and interview for jobs
- Handle emergencies such as injuries, illness, and household accidents

Dates: Thursday, February 25

Time: 10:00 am - 4:00 pm

Cost: \$70 (Registration Fee: \$30) **Balance Due:** \$40

Pre-requisite: Babysitter's Training Orientation.

You will receive an American Red Cross Certification by mail 2-3 weeks after the course.

This class is taught by CDSC's Infant/Toddler Specialist.

SPECIAL EVENTS:

Family Resource Days 2011

The NYC CCR&R Consortium is hosting their Annual Family Resource Days at the following locations:

Staten Island: Saturday, February 26, 2011 at 11am-3pm Staten Island Mall, Center Court 2655 Richmond Avenue, Staten Island

Bronx: Saturday, March 12, 2011 at 10am-2pm Bronx Public Library Center, 310 E. Kingsbridge Road, Bronx

Queens: Saturday, March 19, 2011 at 11am-3pm Flushing Library, 41-17 Main Street, Flushing

Brooklyn: Saturday, March 26, 2011 at 11am-3pm Kings Plaza Shopping Center, 5100 Flatbush Avenue, Brooklyn

Manhattan: Saturday, April 2, 2011 at 11am-3pm Middle School 131, 100 Hester Street, New York

Would you be interested in:

- Learning about growing your own vegetables indoors using an innovative technique called Hydroponics?
- Learning about free art class for children and adults?

Call at **718-398-2050** ext. **8219** to let us know.

JOIN US ON FACEBOOK

Log on to our website at www.cdscnyc.org and follow the link

New CPR and First Aid Regulations, see page 5 or visit www.ocfs.state.ny.us for more information.

CLASES EN ESPAÑOL

ENTRENAMIENTO DE SALUD Y SEGURIDAD

A las nuevas proveedoras se les requiere que tomen éste entrenamiento de 15 horas para cumplir con las regulaciones de la Oficina para Niños y Familias del Estado de Nueva York, para convertirse en proveedora de cuidado infantil familiar ó de cuidado infantil familiar en grupo. El número máximo de participantes que se pueden admitir en esta clase es 10. Se requiere registración previa.

Códigos de Regulación: 1-9

Fecha: Enero 3 al 5; Marzo 28 al 30

Hora: 10:00 am - 5:00 pm (lunes-miércoles)

Costo: \$240 (Cuota de

Registración: \$40) **Balance:** \$200

PREVENCIÓN DE ENVENAMIENTO

Conozca los distintos tipos de venenos encontrados en el hogar, también la forma correcta de almacenar y deshacerse de ellos. Además, aprenda la nueva manera de deshacerse de medicamentos caducado así como mantenerlos fuera del alcance de los niños.

Códigos de Regulación: 7

Fecha: febrero 7

Hora: 10:00 am - 12:00 pm

Costo: gratis

RESUCITACIÓN CARDIO-PULMONAR PARA INFANTES Y NIÑOS (CPR)

*Certificado de la Cruz Roja Americana válido por dos (2) años

Este curso le da a los individuos el conocimiento y la habilidad necesaria para prevenir, reconocer y proveer cuidado básico para emergencias respiratorias y cardíacas con infantes y niños hasta que el personal médico avanzado llegue y se haga cargo.

Códigos de Regulación: 5, 7

Fecha: viernes, febrero 18

Hora: 9:00am - 3:00 pm

Costo: \$80 (Cuota de **Registración:** \$30) **Balance:** \$50

PRIMEROS AUXILIOS PARA INFANTES Y NIÑOS

*Certificado de la Cruz Roja Americana válido por tres (3) años

Este curso le da a los individuos el conocimiento y la habilidad necesaria para reconocer y proveer cuidado básico de primeros auxilios para heridas y enfermedades repentinas hasta que llegue el personal médico avanzado y se haga cargo. Este curso no provee información sobre emergencias respiratorias y cardíacas.

Códigos de Regulación: 5, 7

Fecha: viernes, febrero 18

Hora: 3:00pm - 6:00pm

Costo: \$70 (Cuota de **Registración:** \$30) **Balance:** \$40

NUEVAS REGULACIONES PARA PROVEEDORAS DE CUIDADO INFANTIL ACERCA DE LA CERTIFICACIÓN DE RCP Y DE PRIMEROS AUXILIOS.

En agosto 13, 2010 fue pasada una ley que requiere que todos los proveedores de cuidado infantil tengan por lo menos un empleado que posea una certificación valida en resucitación cardio pulmonar (rcp) y de primeros auxilios en el programa durante las horas de operación del programa. Así como está escrita, la ley podría requerir que la mayoría de los programas tengan varias personas entrenadas en ambos cursos, para poder cumplir con ésta ley en caso de que alguna persona entrenada esté ausente. También las Sustitutas en las guarderías familiares tendrían que ser entrenadas en rcp y primeros auxilios cuando supervisen a los niños en el caso de que la proveedora ó la proveedora alternativa estén ausentes. Esta ley estará en efecto apartir del 11 de diciembre 2010.



TRAINING & TECHNICAL ASSISTANCE STAFF

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Did You Know...

You may qualify to participate in a 12-week business training at no cost with CDSC's micro-enterprising business partner, the Business Outreach Center (BOC). To receive more information call (718) 624-9115 or email: childcare@bocnet.org.

ADDITIONAL SERVICES

Child Care Resource and Referral (CCR&R): Provides free childcare resource and referral (CCR&R) services to families, as well as technical assistance, resources and training to child care businesses to help improve the quality and availability of childcare programs throughout New York City.

Health Care Consultancy Services: Our staff nurse assists providers in complying with the new OCFS regulations in order for programs to be authorized to administer medication. Child Care providers who need assistance with writing a health care plan can call the nurse for an appointment.

Resource Library: Our resource library provides access to a wide-range of resources of interest to parents and child care providers. Call in advance to make an appointment to visit the library.

Infant Toddler Program: Training and professional development opportunities for infant/toddler staff, program directors and family child care providers is available through our Infant Toddler Program. Our bilingual Infant Toddler Specialist is available to give you information on caring for

infants and toddlers, give you access to the resource library and provide technical assistance for potential and existing providers regarding best practices, regulatory requirements and program accreditation.

Program Grant Information: Funding is available to new, existing and legally exempt child care providers via the New York State Office of Children and Family Services. These grants are awarded to promote safe and healthy childcare environments and enhance programs that promote early literacy and school readiness. Providers can receive up to a maximum of \$500, \$200, and \$75 respectively to cover the cost of toys, books and other eligible expenses. **Limited grants are available while supplies last.**

Free SUNY Videoconference Training for Child Care Providers: To register or receive a training booklet, please call SUNY at 888-399-0549. To attend the videoconference at CDSC, request Site #: 672. Trainings are generally from 6:45 pm - 9:15 pm and space is limited.

For more information about our organization or our services, please visit us online at www.cdiscnyc.org

HOW TO REGISTER

By Phone (for free workshops only): Call 718-398-6738 Ext. 8888 between the hours of 9:30 am and 4:30 pm, Monday through Friday.

In Person: Come to our office between the hours of 9:30 am and 4:30 pm, Monday through Friday with the corresponding non-refundable registration fee.

By Mail: Send the tear-off registration form at the back of this brochure along with your payment to 352-358 Classon Avenue, Brooklyn, NY 11238

A confirmation letter will be sent to you upon receipt of your registration information and payment. If the class is full, you will be notified immediately for placement in the next available class.

PAYMENT METHODS

Payment Methods: We accept cash, money orders, business checks and EIP award letters. If you are using an EIP grant to pay for your training, we must receive the award letter before you can participate in the class. If you are paying with a business check, please note that you are responsible for bank fees if a check is returned. You will receive a certificate upon check clearance. **No personal checks accepted!**

Financial Aid: You may be eligible for scholarship funds from OCFS that are available through the Educational Incentive Program (EIP). It is a scholarship program designed to help child care providers obtain the training and education they need to provide quality care to children. To request an EIP application, call 1-800-295-9616 or go to www.ecetp.pdp.suny.edu.

If you are a legally exempt/informal child care provider and are receiving HRA subsidized child care payments, you may be eligible for a training scholarship. Call us for more information.

POLICIES

Registration Fee: A non-refundable registration fee is required to guarantee a seat in a class. **The fee is included in the total training cost. Participants will pay the balance on the first day of class.** Class must be paid in full before sitting in class.

Cancellation and Credit: Cancellations must be made at least 3 days prior to the training session. A credit will be issued for advanced cancellations or if cancellation was made by CDSC. The credit can be applied to another CDSC training class and must be used within 3 months of issue. No cash refunds will be given.

CDSC reserves the right to reschedule or cancel a class based on enrollment. All registered participants will be notified by phone.

Certificates: A certificate of attendance will be provided to each attendee after the completion of training and receipt of full payment. The certificate will include the name of the workshop, the date of attendance and the actual number of training hours completed. Video conference attendees will receive the certificates in the mail 3-6 weeks from SUNY after attending the training and passing the post-training quiz with a score of 70% or higher.

Health and Safety and MAT Rebate Forms: A rebate form will be issued to all eligible attendees. You must successfully pass all the health and safety and medication administration training competencies before receiving a rebate form.

Children: Child care is not available and children will not be allowed in the training sessions.

Policy On Non-Discrimination:

Child Development Support Corporation does not discriminate on the basis of age, sex, sexual orientation, religion, race, color, nationality, ethnic origin, disability, or veteran or marital status in its participants' access to training, and administration of training policies.

Our facility is accessible to persons in wheelchairs.

Registration For Fall 2011

Fax: 718-399-6505

www.cdscnyc.org

Phone: 718-398-6738

Please print all information clearly. One registration form per person.

First Name _____ Last Name _____

Address _____ City _____ State: NY Zip _____

Day # _____ Eve.# _____ Email _____

Would you prefer to receive future catalogues via email? ____ Yes ____ No

Is This Your First Time Taking Classes With Us? ____ Yes ____ No

Are You A: ____ Parent ____ Home-Based Provider ____ Center Director ____ Other: _____

What additional classes should we offer: _____, _____

How Did You Hear About Us?

____ Through our website ____ Received our calendar in the mail ____ Through a friend/neighbor

____ Through the newspaper ____ Walked by our Office ____ Other: _____

Training Title	Training Date	Registration Fee included in the total training cost	Total Cost

Payment Method:

By Business Check or Money Order: Make Check/Money Order Payable to CDSC

By Voucher or Grant: Attach a copy of your award letter with this registration and bring the original award letter with you to class.

By Cash: Cash payments are accepted in office only. **DO NOT MAIL CASH**

Your Signature _____

Date: ____ / ____ / ____

**Mail this registration form to: CDSC 352-358 Classon Avenue, Brooklyn, NY 11238
or Fax to 718-399-6505**

Join us for

CDSC's 3rd Annual STARVING ARTIST ART SHOW & SALE

FRI. JANUARY 21, 2011

6:30 PM - 10:00 PM

SAT. JANUARY 22 &

SUN. JANUARY 23

11:00 AM - 4:00 PM

ENTERTAINMENT, FREE ART CLASSES FOR ALL AGES

352-358 CLASSON AVENUE

WE WILL BRING THE TRAINING TO YOU

CDSC offers the Individualized Training Program (ITP) to licensed/registered family/group family child care providers as well as to staff members at day care centers and school-age programs. ITP's are on-site coaching experiences that can significantly improve the quality of child care in your program.



You may apply for the New York State Educational Incentive Program (EIP) to cover some or all of the cost of the ITP.

Special group rates are available.

*For additional information contact us at
718-398-6738 or visit www.cdscnyc.org.*

CDSC Goes GREEN

During these tough economic times, we need to find ways to save money without compromising quality. By signing up to receive our training calendar and other mailings electronically, we can save thousands of dollars annually and our environment would also benefit by the huge reduction of paper usage.

Try it! If you change your mind, we can always put you back on the list to receive printed copies. To sign up go online at www.cdscnyc.org and join our mailing list.

CDSC IS A PROUD MEMBER OF:

Alliance of Information and
Referral Services (AIRS)

Early Care and Learning Council (ECLC)

National Association of Child Care
Resource and Referral Agencies
(NACCRRA)

**The agency will be closed in
observance of the following holidays:**

January 1
New Year's Day

January 17
Dr. Martin Luther King, Jr. Birthday

February 21
President's Day

Marcia Rowe-Riddick
Executive Director

Anita Franklin
Director of Child Care Resource & Referral